

DR VIKRAMPUTTASWAMY

Vascular and Endovascular Surgeon
FRACS (Vascular) FRACS (General)
Provider # 201797CH

Suite 2, Level 5
North Shore Private Hospital
Westbourne Street
ST LEONARDS NSW 2065

Telephone: (02) 9439 8715
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Angiogram Preparation

Prior to Admission to Hospital

- If you have not been phoned by the hospital the working day prior to admission – please contact the hospital directly to confirm admission time and instructions.
- If you are taking Warfarin - please ensure that you have discussed this with Dr Puttaswamy.
- If you are diabetic and taking (diabex, diaformin or glucophage) tablets – please ensure that you have discussed management of this with Dr Puttaswamy and/or the radiology department and/or the anaesthetist **at least 2 days prior** to your procedures, as some medications need to be ceased prior to your procedure. Instructions regarding recommencing this medication will be given once your procedure has been performed.
- If you have insulin injections – please ensure that you have advised Dr Puttaswamy and/or the radiology department and/or the anaesthetist.
- If you are allergic to x-ray dye (contrast) – please advise Dr Puttaswamy and/or the radiology department and/or the anaesthetist **at least 1 day prior** to your procedure. Special medication may be required prior to your angiogram.
- Please **continue** to take your Aspirin and/or Plavix.

Day of Angiogram

- You will need to fast (nothing to eat or drink) for 6 hours prior to the procedure.
- Take normal medications (except as above) and bring your medications to the Hospital with you.
- Bring ultrasounds, x-rays and/or MRIs with you to the hospital, if you have them.

After the Angiogram

- You will need someone to collect you from the hospital to take you home, as you **cannot drive for 3 days** after the procedure
- In the week following your procedure you should do no exercise that is more strenuous than walking
- You should arrange a post-procedure appointment with Dr Puttaswamy within 2 – 4 weeks
- If you are concerned at any point regarding healing and/or pain of the area on which the procedure was performed you must either: contact Dr Puttaswamy's rooms or present at your nearest emergency department.